OREO® COOKIES & CREAM

Nutrition Facts

Serving Size 100 grams
Servings Per Container 1

Amount per Serving				
Calories	220		Calories from Fat	125
			0/ F	Acily Volue*
Total Fat		14 ~		aily Value*
		4 g	22%	
Saturated fa) g	47%	
Trans Fats		0 g	400/	
Cholesterol		55 mg	19%	
Sodium	5	0 mg	2%	
Total Carbohydrate 20 g		7%		
Dietary fiber	ŕ	0 g	0%	
Sugars		20 g		
Protein		3 g		
		v y		
		_ • 9		
Vitamin A	10%	•	Vitamin C	0%
	10% 10%	• •	Vitamin C	0% 0%
Vitamin A Calcium	10%	•		0%
Vitamin A Calcium	10% s are based on a	• • • 2,000 ca	Iron lorie diet. Your daily valu	0%
Vitamin A Calcium *Percent Daily Values	10% s are based on a	• a 2,000 ca	Iron lorie diet. Your daily valu	0%
Vitamin A Calcium *Percent Daily Values	10% s are based on a er depending or	• a 2,000 ca	Iron Ilorie diet. Your daily valu pric needs.	0%
Vitamin A Calcium *Percent Daily Values may be higher or low	10% s are based on a er depending on Calorie	• a 2,000 ca n your cald s:	Iron Ilorie diet. Your daily valu pric needs. 2,000	0% es 2,500
Vitamin A Calcium *Percent Daily Values may be higher or low Total Fat	10% s are based on a er depending or Calorie Less tha	a 2,000 ca n your cald s: an	Iron Ilorie diet. Your daily valuoric needs. 2,000 65g	0% es 2,500 80g
Vitamin A Calcium *Percent Daily Values may be higher or low Total Fat Sat Fat	10% s are based on a er depending or Calorie Less tha Less tha	a 2,000 ca n your cald s: an an	Iron lorie diet. Your daily valuoric needs. 2,000 65g 20g	0% es 2,500 80g 25g
Vitamin A Calcium *Percent Daily Values may be higher or low Total Fat Sat Fat Cholesterol	10% s are based on a er depending or Calorie Less tha Less tha	a 2,000 ca n your cald s: an an	lron lorie diet. Your daily valu pric needs. 2,000 65g 20g 300mg	2,500 80g 25g 300mg
Vitamin A Calcium *Percent Daily Values may be higher or low Total Fat Sat Fat Cholesterol Sodium	10% s are based on a er depending or Calorie Less tha Less tha	a 2,000 ca n your cald s: an an	lron lorie diet. Your daily valuoric needs. 2,000 65g 20g 300mg 2,400mg	2,500 80g 25g 300mg 2,400mg
Vitamin A Calcium *Percent Daily Values may be higher or low Total Fat Sat Fat Cholesterol Sodium Total Carbohydrate	10% s are based on a er depending or Calorie Less tha Less tha	a 2,000 ca n your cald s: an an	lron lorie diet. Your daily valuoric needs. 2,000 65g 20g 300mg 2,400mg 300g	2,500 80g 25g 300mg 2,400mg 375g

MILKFAT AND NONFAT MILK SOLIDS, SUGAR, CORN SYRUP,
,MONO AND DIGLYCERIDES, CELLULOSE GUM,GUAR GUM
POLYSORBATE 80 AND CARRAGEENAN,OREO COOKIE CRUMB:
SUGAR,ENRICHED FLOUR(WHEAT FLOUR,NIACIN,REDUCED IRON,THIAMINE
MONONITATE(VITAMIN B1),RIBOFLAVIN(VITAMIN B2),FOLIC ACID,PALM
AND HIGH OLEIC CANOLA AND AND OR SOYBEAN OIL,
COCOA(PROCESSED WITH ALKALI),HIGH FRUCTOSE CORN SYRUP,BAKING SODA,
BAKING SODA,CORNSTARCH,SALT,SOY LECITHIN(EMULSIFIER),
VANILLIN-AN ARTIFICIAL FLAVOR,CHOCOLATE.