

WATER ICE PLAIN BASE MIX

Nutrition Facts

Serving Size 71 grams
 Servings Per Container 1

Amount per Serving

Calories 80 **Calories from Fat 0**

% Daily Value*

Total Fat	0 g	0%
Saturated fat	0 g	0%
Trans Fats	0 g	
Cholesterol	0 mg	0%
Sodium	15 mg	<1%
Total Carbohydrate	20 g	7%
Dietary fiber	0 g	0%
Sugars	20 g	
Protein	0 g	

Vitamin A 0% • **Vitamin C 0%**
Calcium 0% • **Iron 0%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

WATER, SUGAR, CORN SYRUP SOLIDS, GUAR GUM,
 XANTHAN GUM AND CAROB BEAN GUM

